

for All

Cycling for everyone in the heart of Gloucestership





**AKS Parent/Carer** 

**Coffee Mornings** 





With performances from local schools and groups at The Brewery Quarter throughout the day!

ou would like to be involved in this years festival, please get in to at nochildleftbehind@cheltenham.gov.uk or @NCLBchelt

On Friday 19<sup>th</sup> May 2023, AKS held it's fourth parent/carer coffee morning for the academic year of 22/23. Six parents attended and information was provided about events happening in the community, how to support mental wellbeing and health and the details of 'The Big Health Day'.

## **Dates of the Parent/Carers Upcoming Coffee Mornings**

Wednesday's 9.45am - 10.30 Retro Aerobics

o book call: 0300 111 9000 or email

- Autism Show @ NEC Birmingham Friday 23<sup>rd</sup> June (Please WEDUC J Davies for more details)
- Parent/Carer coffee morning @ AKS 11:00-12:00pm- Friday 7<sup>th</sup> July.

Opportunities to socialise with other parents/carers, ask questions, share practise and get information and advice from others.