



Mosi-oa-Tunya Express
Presenting

ZAMBIA



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INFORMATION ABOUT ZAMBIA DAY



By Mr Bentley



KAMWAAMBA! We had an exciting opportunity to engage with Holy Cross School in Zambia. The school is located within five kilometres of the mighty Victoria Falls (the local people call the falls Mosi-oa-Tunya) which means 'The Smoke That Thunders'.

Our partner school has a unit for the deaf and Alderman Knight School has been liaising with Emeldah and her class of students for over two years. We have taken part in many lovely activities together; including cooking traditional Zambian food, learning about the culture and customs. We have also shared information about life in the UK. Learning about customs, cultures and people help bring us all together and realise what a wonderful, interesting, and rich world this is.

All pupils in KS3 and Primary have taken part in multiple activities. Thank you to all the Zambians: Emeldah, Joseph in Zambia, Grace and Anthony Lubasi, Simunji Simataa and Richard Watkins - for their support and hard work. It was lovely to see them and the pupils really enjoyed talking to them and learning about their culture. Thank you to Mr Matalu for cooking Inshima and helping with all the IT.

Well done to Year 6 students for coming and sitting with KS3 pupils.



On Friday the 19th of May 11B, with Mr. Bentley, had an assembly where they presented Zambia to KS3 and KS4. This led to an exciting opportunity for 11B to help participate in Zambia Day.

11B got the opportunity to write a newsletter on everything that has happened during Zambia Day. They were in two groups and would write an article on each topic such as Zambian Games, Zambian Dress Up and others activities.

As a group 11B really enjoyed taking part in the Zambia day and enjoyed watching Primary and KSE be involved and learning about the culture and traditional Zambian lifestyle.

11B hope you enjoy reading this newsletter.

Regards


Mr Bentley, Mr Waters, John, Abraham, Iori, India, Lily, Kieron and Owen.

ZAMBIAN NUMBERS



Kubala manambala 265

1	Komwe	6	Cisambomwe
2	tobilo	7	lusele
3	totatwe	8	ciloba
4	tone	9	fwuka
5	tosanwe	10	kkumi



By John

I went to visit Zambian maths numbers, we played a game called Mancala been doing numbers the team that has the most and they have to play one at a time. I had a go at joining in playing the game. We also learnt the Zambian numbers. Mr Upward explained to the group about the numbers that were in Zambian. I enjoyed playing the game.

“All the pupils loved learning to count to 10 in CiTonga. They then became totally engaged in a game called Mancala. By the end of each session the competition was getting fierce amongst some and they didn't want to stop!” Mrs Sipek

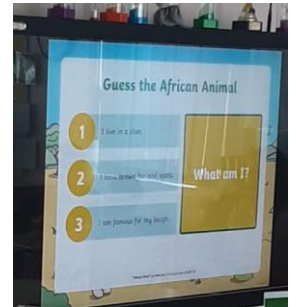
“The game was great fun, some staff enjoyed it so much we couldn't get them away from it, (AKA Mrs Francis) it was really enjoyable to watch pupils using different logical tactics to try and win the game. (PS I am going to win next time Mrs Sipek)” Mr Upward



CONSERVATION



By Abraham



We played “guess the animal” game with Miss Irwin who taught the class and we watched a video about African animals’ like hippopotamuses, zebras, lions, elephants, giraffes, cheetahs and more.

“Conservation is a topic in which all people should be made aware of. It was amazing being able to teach six different classes the importance of conservation in Zambia and with the focus on animals. Each student created the most incredible posters which I will be arranging to send over to Zambia to show the connection between us here at AKS and Holy Cross” Miss Irwin



ZAMBIAN GAMES



By lori



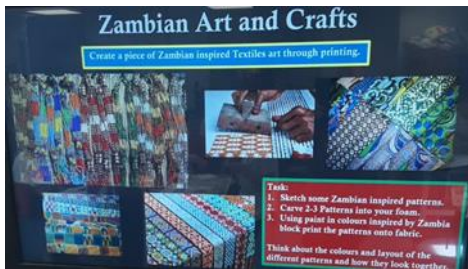
They were playing dodgeball but it was the Zambian version and the duck goose in the Zambian way they had go around in a circle. Mr Altman and Mr Stinton showed them how to play the game.

They had to duck people with a ball. They drop the ball and the person gets caught with the ball is out. They had a Zambian dodge ball. Where they were in a line as a friendly game. They had to throw a bad and if it hit one of them they would be out.

"I think the Zambia games were really good! They got all pupils involved and no one was left out. I knew of Walassa Wangena as it was played at AKS last academic year and was a huge success. Pupils love the competitive nature of the game and how it can be adapted for everyone's enjoyment. The Zambian Duck, Duck, Goose game was really fun as it was a familiar game to with a bit of a twist. this allowed pupils to settle into the activity well and have loads of fun!" Mr Altman



ZAMBIAN PRINT AND DESIGN



By Lily



In DT they were doing painting and they were making shapes and then they were painting and then they had to draw on the card and then they were painting it. Then we had a look at what Miss Attenborough demonstrated what there were doing. I liked it and it was very detail. They used Zambian colours such as red, yellow, and green.

"The pupils looked at the history of Zambian art then explore the shapes and patterned through sketching ideas. This then led on to creating their own block print stencils including the shapes explored. Using the bold colours used in Zambian art the pupils printed patterns into paper and fabrics.

The pupils created some fantastic pieces of work!" Miss Attenborough



ZAMBIAN MUSIC



By Kieron



We were listening to what music means to Zambians.

Everyone is practising bonse aba which means children of god and they are watching people sing on the whiteboard while banging on the Zambian drums the song was called ism sings 4 Africa.

They were listening to the colombu and they took turns on the drums also they were drumming while saying 1,2,3. They were also listening to some of the Zambian folk music. They played on the Djembe drums which they had fun on and they loved it!

“Zambia Day was great! We enjoyed learning the National Anthem, learning Bonse Aba and hearing a variety of Zambian music which we played along to with the djembes” Mrs Lea



ZAMBIAN FOOD



By Owen



I went to visit Mrs Matalu and Mrs Goss in the food room 1 and food room 2, they were showing us about Zambian recipes. They had fun cooking and they did Zambian food for the KS3 and Primary. Mrs Matalu put up a video of how they make a Zambian dish. They used ingredients such as Inshima and brown rice

"I would say that my main highlight of doing the food sessions was seeing the pupils being really adventurous and trying new foods, and some of them finding that they liked them. I have never been to Zambia, but the food is similar to that in Tanzania where I used to live, so it was nice to remember that while doing the Zambia day" Mrs Matalu

"I loved being able to present the activity to the pupils. The pupils I had in my group from Primary and Secondary amazed themselves and the majority tasted all of the foods which blew me away, many went in for seconds and thirds! It was a brilliant opportunity to see how others live and how natural the foods were, but still so delicious. It truly opened my eyes, I learnt a lot as well and realised I love Okra! A real highlight of my first year at AKS." Mrs Goss



ZAMBIAN GEOGRAPHY



By 11B

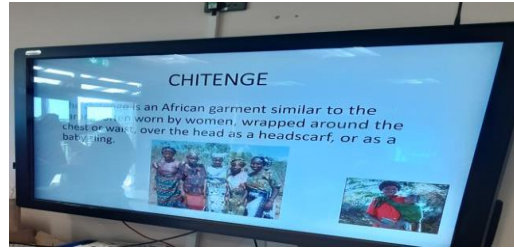
Some of us went to watch Primary and KS3 in Geography where they got to get out laptops and we did a virtual tour of the Geographical locations. They saw the capital of Zambia which is Lusaka and saw photos of Zambia.

"I enjoyed hosting the geography lessons throughout the day having travelled to Zambia and Zimbabwe when I was backpacking in 2004. In the sessions we were able to spend some time completing fun tasks like a virtual tour of the Victoria Falls, whizz around in a helicopter and also spot the kayaks and watch people white water rafting. We also took time to explore local customs and check out some of the local wildlife with a fun quiz at the end. It was a really enjoyable day."

"Zambia is a really interesting and diverse country with lots of great geography to explore including world famous waterfalls, safaris and the bustling city of Lusaka" Mr Evers.



ZAMBIAN DRESS UP



By 11B

We went to watch some of the pupils get to dress up and look at Chitenge material that made skirts, sashes belts and head scarves. We got to see some Zambian dancing. Pupils really enjoyed this and had a great time participating in the dress up and dancing.

"I had a fantastic day teaching pupils how to wear Chitenges and showing them some Zambian dancing. Pupils really enjoyed dressing up in the Chitenges and created dresses, skirts, sashes belts and head scarves. Pupils also enjoyed and benefited from our Zambian guests explaining more about the Chitenges, and showing us different ways to wear them. Highlights of the day for me were the cat walk modelling with 8S, 9K and 9A all wearing their outfits, and the spontaneous conga 9A pupils participated in! It was also lovely to see primary pupils joining in with KS3 groups and being so warmly welcomed and included in the groups" Miss Price.



A DAY IN THE LIFE



By 11B

As part of this learning we enjoyed speaking to students and staff from Holy Cross School. Pupils at Alderman Knight came up with some questions to ask the Zambians directly about their lives.

“It was lovely to see students in Africa, 5,000 miles away on Zoom and Whatsapp. It was also inspiring. Anthony Lubasi commented on how lovely and inspiring it was for the children in Livingstone, Zambia, to take part in such an activity. Anthony also commented that it was good for the children to see a Zambian in a school in the UK working with UK children. Anthony said that it was a really positive experience” Mr Bentley



INTERVIEW WITH EMELDAH

By 11B



1. How much travelling have you done?

A lot of travelling around Zambia Kitwe. I like travelling. I would like to travel to different countries one day.

2. What did the children think of Zambia Day?

They really enjoyed the day, they got to spend time with the children and would like to do it in the future.

3. What did they enjoy most?

Just the way the classrooms were arranged and seeing the school over zoom. I admired Grace and Anthony for all their work they did for Zambia day.

4. What's the weather like in Zambia?

It is a bit cold, the season is winter over in Zambia currently.

5. What lessons do you teach?

I teach English in sign language (American), I am teaching children how to read and write. Sometimes I teach HE (home economics)

6. How long does it take the children to go to school?

It can take up to 5 to 6km, some walk. It can be very dangerous they might meet elephants. It can be risky, sometimes when you see an elephant you just wait where you are and not get too close.

7. Are there any other wild animals near you?

There are giraffes, snakes, the children are getting used to the elephants and enjoy seeing them.

8. How many children go to Holy Cross School?

There are over 600 pupils, the classrooms are packed. There are 30 deaf children in our school.

9. Have you ever visited the UK before?

No but one day I would love to visit the UK.

10. Is there a country you would like to visit?

The UK would be the country I would like to visit the most as I like to see how you all teach.



INTERVIEW WITH MR BENTLEY



By India



India:

What made you decide to do Zambia day?

Mr Bentley:

I grew up in Zambia and loved the country. I also set up a link with another school in the past. I think it's important that young people have the opportunity to learn different cultures and customs.

India:

What do you know about Zambia?

Mr Bentley:

A lot, I spent 14 years of my life growing up there. I know a lot about Lusaka and still speak to a close friend there once a month. I have also visited three times since leaving. I like the people, the culture and customs.

India:

What type of Zambian food do you like?

Mr Bentley:

I like Nshima (maize meal) and Kapenta (whitebait)

India:

Have you ever seen any wild animals in Zambia?

Mr Bentley:

I have seen lots of wild animals; I have even been chased by a hippo once in a boat! I have had snakes go through my legs! I have seen lions, elephants, zebras, giraffes, crocodiles, wild dogs and cats just to name a few.

India:

What did you think of Zambia day?

Mr Bentley:

It was great to see everyone so engaged and the Zambians so happy. I hope this will continue in the future as it's a positive experience.



ZAMBIAN QUIZ



By Mr Waters



1. What is the capital of Zambia
(A) Zimbabwe
(B) Lusaka
(C) Ndola



2. What is the dangerous animal in Zambia
(A) Lion
(B) Crocodile
(C) Hippo



3. What is the distance from London to Zambia by plane?
(A) 5,000
(B) 6,000
(C) 10,000



4. What does muli buti mean?
(A) Hello
(B) How are you?
(C) Good morning?



5. What does the name Mosi-oa-Tunya falls mean?
(A) The Smoke that thunders
(B) the smoke that fires
(C) the waterfall



6. Is Zambia a rich country?
(A) Yes
(B) No
(C) A bit of both





7. What is the name of food that Zambians have in their dish?

- (A) Beans
- (B) Nishma
- (C) Fish



8. What is the name of the school we spoke to during Zambia Day?

- (A) Sacred Heart Of Jesus
- (B) Holy Saviour
- (C) Holy Cross



9. What is the population of Zambia?

- (A) 3.3 million
- (B) 6.2 million
- (C) 300



10. What is the most dangerous insect?

- (A) Brown Locust
- (B) Iris
- (C) Mosquito

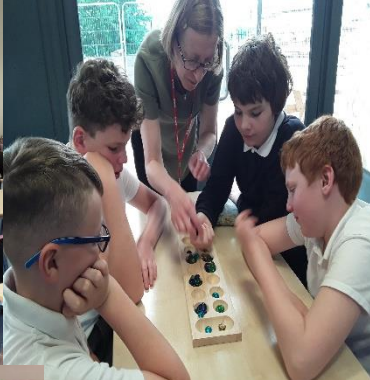


(all answers on page 22)



ZAMBIAN DAY GALLERY





ANSWERS

1. B
2. C
3. A
4. B
5. A
6. B
7. B
8. C
9. A
10. C