



Alderman Knight School

4 Food Contamination
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something harmful or objec

Fire exit

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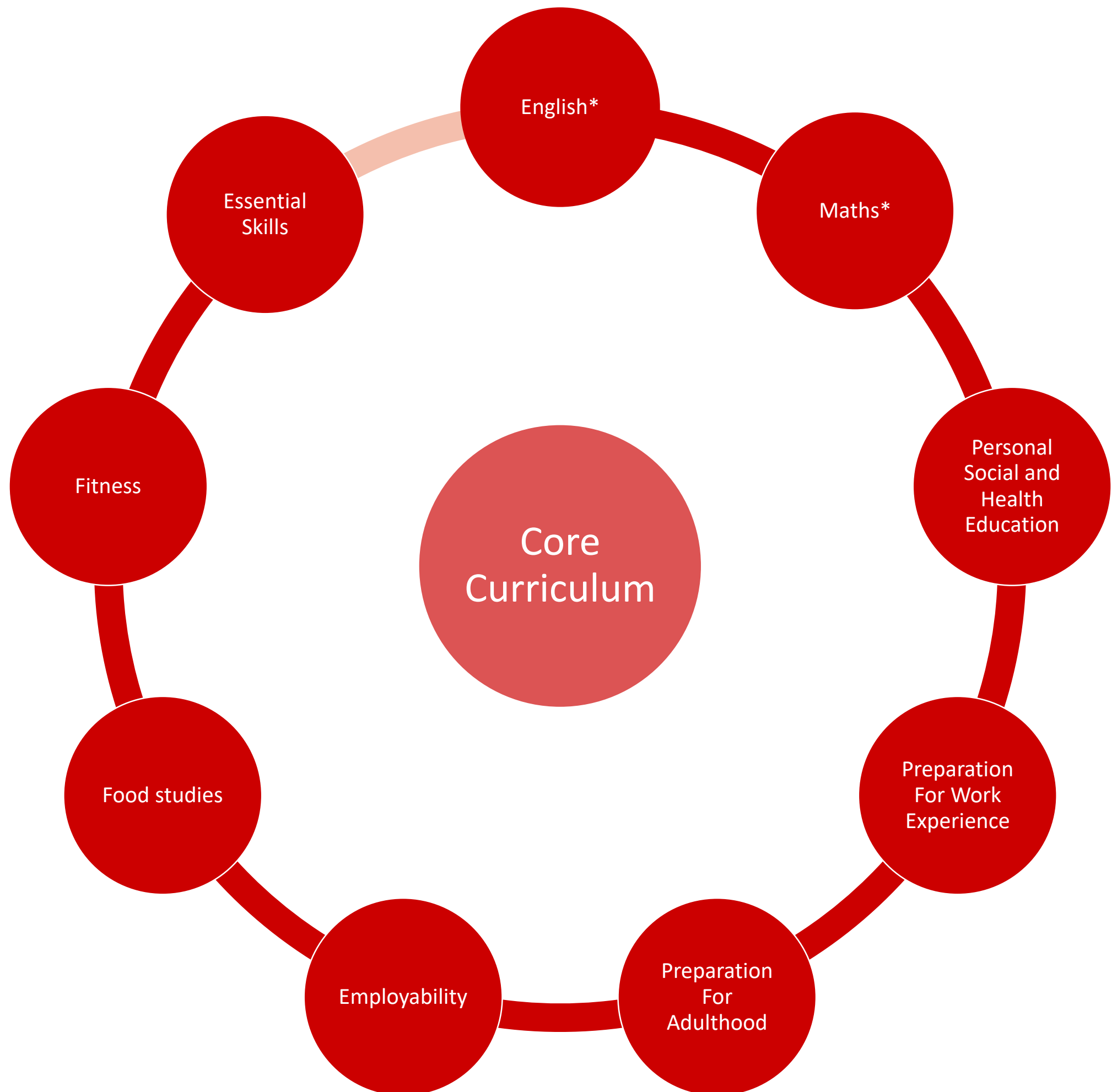


Post 16
Core Curriculum
September 2024

The Core Curriculum

The subjects shown below are all part of our core curriculum and are subjects all students at Alderman Knight School Post 16 Centre will study as part of their Key Stage 5 curriculum.

English and Maths - If students achieve a Grade 4 or above in the summer examinations, they will not need to continue with these subjects. If they do not achieve Grade 4, then they will need to retake these subjects.



What qualifications will the core subjects give me?

At AKS all of the qualifications we offer at Post-16, KS5 are at Level 2 (GCSE or equivalent).

The table below provides an overview of the different levels of qualification and how they relate to each other.

Qualification Level	Equivalent GCSE Grade	Vocational Awards, Certificates
Level 2	9	GCSEs Grades 4-9 (C to A*)
	8	
	7	
	6	
	5	
	4	
Level 1	3	GCSEs Grades 1-3 (G to D)
	2	
	1	
Entry Level	EL3	1, 2 or 3 (Entry Level 3 is the highest)
	EL2	
	EL1	
		BTEC Level 2 Functional Skills Level 2 NCFE Level 2
		BTEC Level 1 Functional Skills Level 1 NCFE Level 1
		Entry Level Awards

Each of the core subject pages will explain the levels at which the qualifications are being taught at. Below is also a quick overview table for core subjects with this information.

Subject	Accreditations Offered
English Language	GCSE
Mathematics	GCSE
Preparation for Adulthood	Unit Awards Scheme – Level 2 Certificate
Preparation for Work Experience	Unit Awards Scheme – Level 2 Certificate
Employability	ADSDAN Level 2
Essential Skills	Unit Awards Scheme – Level 2 Certificate



Employability



Overview

A Level 2 Employability course is designed to equip students with essential skills and knowledge to enhance their employability in a variety of workplace settings

What current pupils have said?

I enjoy learning about work related skills as I think it will be useful in the future.

Studying Employability skills in Key Stage 5 is crucial for young learners as it equips them with vital abilities needed in the future workplace. These skills, such as teamwork, communication, and problem-solving, lay the foundation for success. Learning about time management, digital literacy, and workplace etiquette helps students develop a strong work ethic. By instilling these skills early on, students gain the tools necessary to navigate the professional world, setting the stage for a successful and fulfilling career.

What you will learn about...

- Team Work
- Problem solving
- Finances
- Communication skills
- Social skills

Potential trips and enrichment activities:

Volunteering in the community
Guest visits from business experts
Trips to local and national companies

What you could do next?

- Volunteering
- Internship
- Weekend work
- Part Time job



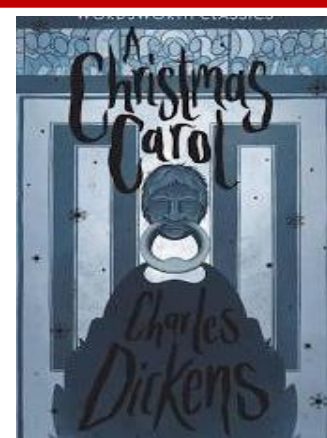
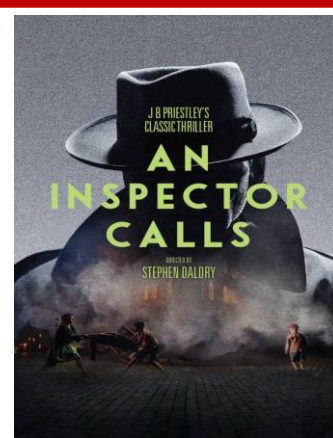
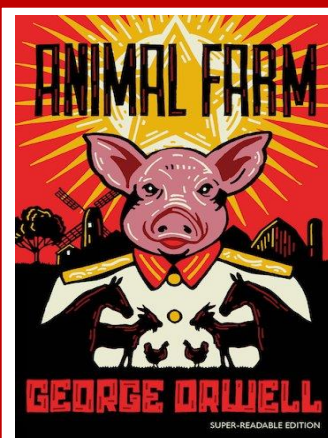
Courses offered

ASDAN Level 2 Employability

AQA Unit awards

All subjects are 100% coursework. No exams

GCSE English Language



Overview

In the GCSE English course, students will be expected to undertake 3 separate parts of the qualification: Reading, Writing and Speaking and Listening. The course is assessed through examinations at the end of the course. Students will read a range of texts including poetry, plays and pre/post 20th Century fiction as well as non-fiction texts.

What current students have said?

I love English, it is fantastic! I learn so much and really enjoy all the different texts we get to read.

Why English?

An English GCSE will enable students to develop their understanding of different literary devices, ranging from punctuation for effect to pathetic fallacy to create atmosphere. They will write for a range of audiences and purposes including creative writing and non-fiction texts such as a persuasive letter.

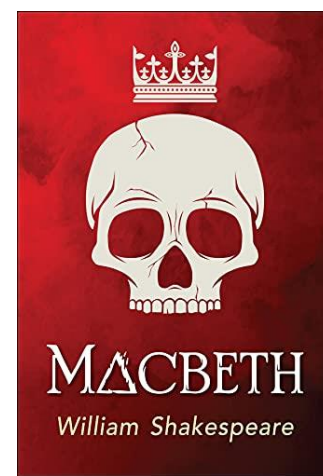
What you will learn about...

Students will learn how to use language for effect and create a response in their target audience. They will develop their research skills and presentation skills in the speaking and listening component of the course.



Potential trips and enrichment activities:

- Theatre trips
- Cheltenham Literature Festival
- Opportunities to meet authors
- Cross-phase reading partnership
- Aiding the planning of world book day



You will develop the following skills:

- Reading a range of texts
- Writing for different purposes
- Group discussion and debates
- Drama based activities
- Presentations

What you could do next?

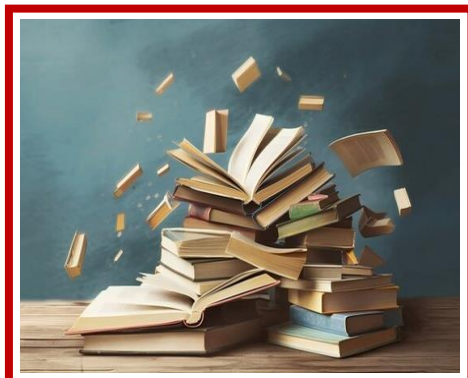
A GCSE in English can enable you to progress onto studying A level English, a degree in English at university and can help in many roles as you progress into adulthood. Key careers that involve English are that of journalist, author, playwright, teacher, Advertisement, blogger... and many more!

How is GCSE English Assessed?

2 x formal examinations- paper 1 (explorations in creative reading and writing) and paper 2 (writer's viewpoints and perspectives)

-Each exam has a reading section and a writing section. In paper 1, students are given an extract from a fiction text and asked to analyse the language and structure used. The writing in this is creative writing based. In Paper 2, students read two non fiction texts and answer questions based on comparing and contrasting the two. The writing component is based around writing to present a viewpoint, completing a non fiction task.

1x speaking and listening- presenting on a topic of their choosing and responding verbally to questions and feedback



GCSE Mathematics



Overview of the subject

The aims and objectives of the GCSE in Mathematics are to enable students to:

- develop fluent knowledge, skills and understanding of mathematical methods and concepts
- acquire, select and apply mathematical techniques to solve problems
- reason mathematically, make deductions and inferences, and draw conclusions
- comprehend, interpret and communicate mathematical information in a variety of forms.



What current students have said?

"We learn maths that we can use in our other subjects like science and food."

Qualification overview

The GCSE (9-1) qualification consists of three equally-weighted written examination papers at either Foundation tier or Higher tier. All three papers must be at the same tier of entry and must be completed in the same assessment series.

What current students have said?

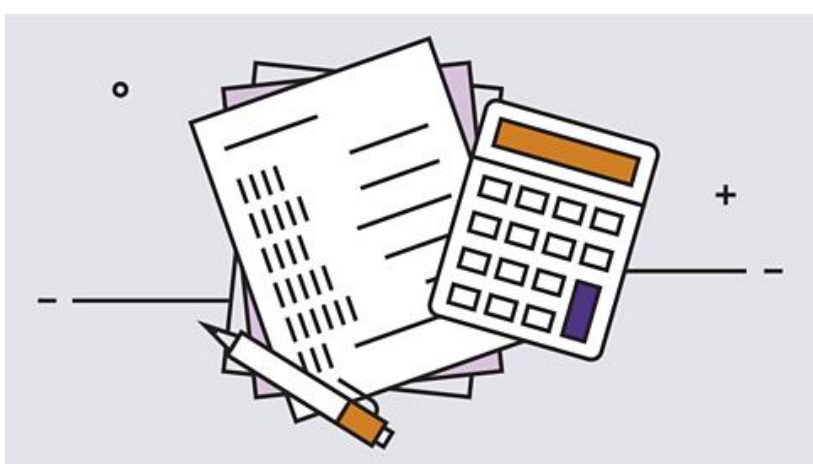
"It can be challenging but you get lot's of support."

You will develop the following skills:

numeracy measure algebra
geometry calculus trigonometry
critical thinking problem-solving

What you could do next?

A GCSE in Maths can enable you to progress onto studying A level Maths, a degree in Maths at university and can help in many roles as you progress into adulthood. Key careers that involve Maths are data analysts, software engineers, sound engineers, teachers, accountants... and many more!



How is Mathematics assessed?

All assessments are externally marked exams. At the end of year 13 students will have 3 exams all at 1 hour and 30 minutes in length if they take the GCSE.

Exam Board:

- GCSE (9-1) Mathematics

Food Studies at P16



**Sweet or savoury? Dinner or dessert?
Indian or Italian? You decide!**



**We want to support you in preparing for adulthood!
Being able to cook is an essential life skill...**

Our aim in these timetabled lessons is to equip you with the food knowledge and practical kitchen skills to enable you to confidently prepare and cook a multitude of home cooked dishes for you and your loved ones to enjoy.



Practical lessons will entail cooking a range of dishes which we have decided on as a group.

£ £ £

Handling money and budgeting is also a key life skill. Ingredients will be provided for lessons however there will also be the opportunity to visit supermarkets and purchase ingredients.

**Starters • Savoury • Main courses • Sweet • Dinner
• Lunch • Desserts • Snacks • Drinks • Breakfast**

Planning • Selecting ingredients • Nutrition • Preparing ingredients • Following recipes • Cooking skills • Portioning • Serving • Presentation skills • Food safety & hygiene • Budgeting • Economising • Sharing • Collaboration •

Fitness & Leisure (Core)

Overview

Participate in weekly fitness and leisure sessions. This is not a PE lesson but this is for your enjoyment, social interaction and taking care of your health and wellbeing.

We want you to participate in leisure and sport activities in school and within the local community



We want to make sport and physical activity inclusive for all students.

Why is fitness important?

Physical activity can have a transformative impact on the lives of people and their communities. It is the single biggest thing that can be done to improve a person's health.

What you will learn about...

- how to access facilities in your local community
- The different types of leisure facilities
- A range of different sports.
- How to exercise on a low budget



Skills you will develop:

- Communication
- Teamwork
- Awareness of healthy lifestyles
- Develop components of fitness (Balance, strength, co-ordination)

It's not about who is the best but it is about the enjoyment of being physically active.

What you could do next?

- Have the confidence to join a sports club or society
- Join a gym
- Develop your own fitness and health
- Become a volunteer at a local sports facility.



The course will be designed to the students requirements and needs depending on their ability to access sport and physical activity within their communities.

This may include:

- Access to a local gym
- Visits to a leisure centre
- Recreational sports on school ground
- How to utilise the school gymnasium
- How to use online content to improve fitness and wellbeing.

Overview

Essential Skills is not just one qualification but a suite of industry qualifications, which are designed to give you the upper hand when completing your Curriculum Vitae (CV) or when applying for jobs.

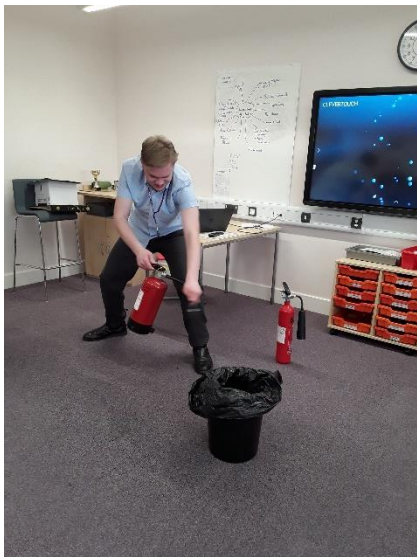
We work closely with Rob Towersey from STS Training Solutions to ensure any qualifications gained are up to date with industry standards and valued by employers



What you will learn about

The actual qualifications and the number you complete will depend on the students in the group and their aspirations. These may include:

- Food safety
- Emergency First Aid
- Health and Safety awareness
- Fire Safety awareness
- Manual handling/'Safe Moving and Handling'



As well as the qualifications you will learn valuable transferable skills such as:

Communication and interaction skills
Confidence

Ability to work with adults others than your AKS teachers

Did you know 30.7 million working days were lost due to work-related illnesses and workplace injury in 2017/18



What your lessons might look like?

- ✓ Lessons will be delivered by AKS staff and Rob Towersey from STS solutions
- ✓ Lessons will be varied and based almost entirely around real life scenarios
- ✓ Real life case studies
- ✓ Role plays
- ✓ Simulated work environments
- ✓ Discussions

Did you know 441,000 workers sustained an injury at work in 2021/22

Course Structure

- ✓ All qualifications are accredited by Qualsafe
- ✓ All qualifications come with a course book for you to refer to
- ✓ All exams are completed in class and are multiple choice

Preparation For Work Experience

Overview:

Getting you ready to go on work experience during your time within Post-16.

We will look into what essential skills are required before anyone attends a Work placement and which bespoke skills you require.



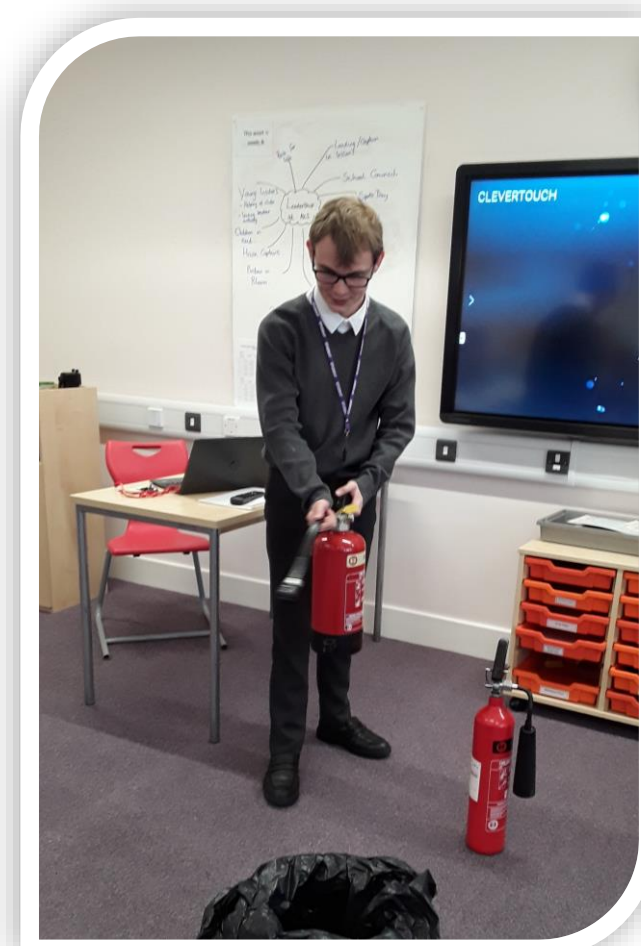
What you will learn about...

Health and safety in the workplace – what your duties are as an employee under health and safety law, what is a risk assessment?, safe manual handling and the dangers to avoid, fire safety and how to keep yourself safe in a typical workplace.

Hazard awareness in the workplace – what is a hazard and a risk? How to keep others safe at work, awareness of basic safety signs, awareness of PPE and the protection they provide.

Communication Skills – how to ask for help and what to do if something goes wrong, double checking instructions, workplace banter and customs.

Visits to different workplaces.



Skills you will develop...

Confidence and awareness of the workplace

Communication skills, examples of what to say in different situations.

Knowledge of health and safety relevant to a typical workplace.

Increased understanding of the world of work.

What you could do next?

Work experience

Apprenticeship

Supported Internship

Work-based employment scheme



Courses offered

AQA Unit Award Scheme:

Level 2 Health and Safety In The Workplace

Personal Social and Health Education (PSHE)



There is no PSHE qualification or accreditation for PSHE at Post-16 but the content is based around the 4 strands of Preparation for Adulthood – Friends, relationships and community, Health, Employment and Independent Living



In Key Stages 2 & 3, pupils will have covered Healthy Lifestyles, Self-Awareness, The World I Live In, Self-Care, Support and Safety, Managing Feelings and Changing and Growing. At Key Stage 4 pupils then take the ASDAN Personal Development accreditation with units such as Healthy Living and Eating, Making the Most of Leisure Time, Parenting Awareness and Preparing for Adulthood (PfA). In Post-16, the emphasis is on enhancing the student's independence, life skills and employability whilst centring the learning around the 14 topics in the 4 PfA areas highlighted above.

- External visitors
- Exciting Trips
- A wide range of learning methods
- Group Work
- Computer work
- Life Skills
- Mental Health and wellbeing Skills
- Employability sessions and Work Experience

The 14 topics in Post-16 PSHE

- Respectful Relationships
- Online Media
- Healthy Eating
- Families
- Internet Safety and Harms
- Being Safe
- Mental Wellbeing
- Schools/Risks - What Affects Making Good Choices
- Physical Health and Fitness
- Intimate Relationships (inc. Sexual Health)
- Basic First Aid
- Drugs, Alcohol and Tobacco
- Health, Prevention and the Changing Adolescent Body
- The Law

The Post-16 PSHE experience builds on all previous learning and looks to build students' independence, life skills and aims to provide a comprehensive lead in to adulthood through debate and discussion of contemporary issues and the added experiences of guest speakers, Employee Encounters and bespoke Independent Travel Training



Assessment;

- Individual pieces of work around each of the 14 topics plus question and answer sessions on key content
- Evidence is then gathered in students' folders across the two year course

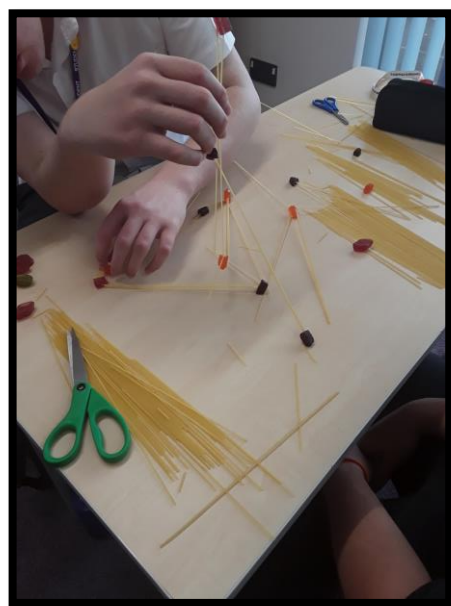
POST-16 PSHE – 14 TOPICS AROUND THE FOUR AREAS OF PREPARATION FOR

ADULTHOOD

Friends, Relationships and Community/Health/Employment/Independent Living

Preparation For Adulthood (PFA)

PFA provides opportunities which support students to build their hopes and aspirations for the future. Value is placed on purposeful activities to enable students to contribute to society. PFA links directly to EHCP outcomes.



Key questions covered

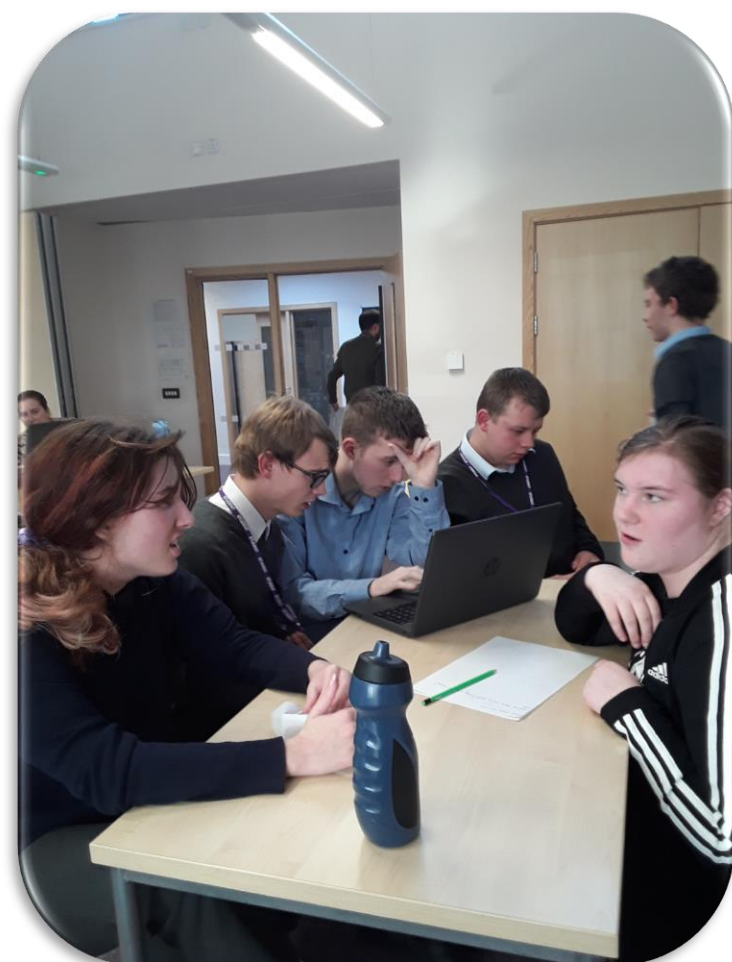
- What do I understand about the community around me?
- What are the benefits of accessing my community?
- What life skills do I want/need to develop?
- What are the different options available to me after Post-16?
- Do I fully understand what the different options involve?
- Why do I need to be aware of different health providers and how to access them?

What will my lessons look like?

You will have at least 2 PFA lessons a week. You will complete a PFA audit at the start of the year to see which skills are relevant to you to learn. The lessons will be a mixture of theory, practical and community visits. No exams, folder work to achieve AQA Level 2 Unit Award Scheme Certificates.

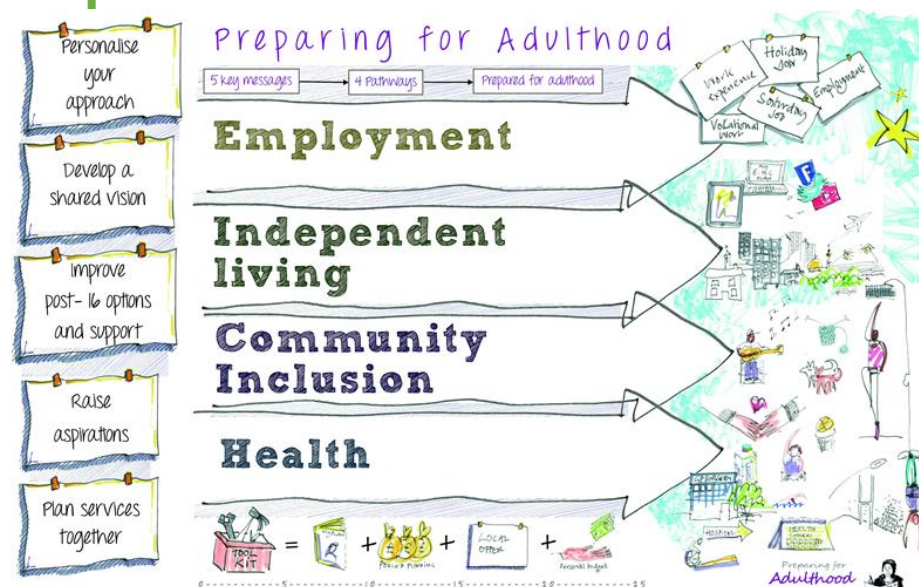
Skills you will develop...

- Develop a range of relevant Life Skills
- Communication & Interaction
- Opportunities to mix with young people from other settings.
- Personal finance and money management
- How to access your community
- Understanding of your transition and future aspirations.



What you could do next?

You have the tools you require to make a successful transition to your next destination.



Timeline of important dates

Once all Year 11 pupils have made their option choices, we will be able to confirm which option subjects have been allocated to each pupil.

If we have any queries about the choices a pupil has made, a member of staff will discuss the situation with that student. All pupils will receive a letter confirming their option choices on the 20th March and will also receive an individualized options booklet which will also outline the core subject accreditations that pupils will be studying.

