

ALDERMAN KNIGHT SCHOOL – SUMMER MENU 2023

Week A:

17/04/2023 02/05/2023 15/05/2023 05/06/2023
 19/06/2023 03/07/2023 17/07/2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Five Bean Chilli with Rice (V)	Beef Spaghetti Bolognese with Garlic Bread	Roast Gammon with Roast Potatoes & Gravy	Shepherdess Pie with Gravy (V)	Battered Fish and Chips
Option 2	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables
Vegetables	Peas Sweetcorn	Broccoli Carrots	Cauliflower Red Cabbage	Carrots Green Beans	Baked Beans Garden Peas
Dessert	Flapjack or Fruit	Sticky Toffee Apple Crumble with Custard or Fruit	Jelly or Fruit	Vanilla Sponge with Custard or Fruit	Chocolate Shortbread or Fruit

Week B:

24/04/2023 09/05/2023 22/05/2023 12/06/2023
 26/06/2023 10/07/2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese and Tomato Pizza with Wedges (V)	Sausage & Mash with Gravy	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Beef Lasagne with Garlic Bread	Fish Fingers and Chips
Option 2	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables
Vegetables	Peas Sweetcorn	Carrots Green beans	Red Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Lemon Drizzle Sponge or Fruit	Marble Sponge with Custard or Fruit	Cookie or Fruit	Ice Cream or Fruit	Vanilla Shortbread or Fruit