

ALDERMAN KNIGHT SCHOOL – AUTUMN MENU TERM 1 2024

Week A:

02/09/2024

16/09/2024

30/09/2024

14/10/2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese (V)	Spaghetti Bolognese with Garlic Bread	Roast Gammon with Roast Potatoes & Gravy	Beef Burger in a Bun with Potato Wedges	Battered Fish and Chips
Option 2	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables
Vegetables	Peas Sweetcorn	Broccoli Carrots	Cauliflower Savoy Cabbage	Carrots Green Beans	Baked Beans Garden Peas
Dessert	Chocolate Orange Cookie or Fruit	Apple Crumble with Custard or Fruit	Jelly with Mandarins or Fruit	Vanilla Sponge with Chocolate Sauce or Fruit	Chocolate Shortbread or Fruit

Week B:

09/09/2024

23/09/2024

07/10/2024

21/10/2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese and Tomato Pizza with Wedges (V)	Sausage & Mash with Gravy	Roast Chicken with Stuffing, Roast Potatoes & Gravy	Vegetarian Meatballs in Tomato Sauce with Rice (V)	Fish Fingers and Chips
Option 2	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables	Jacket Potato with Ham, Cheese, Beans or Tuna and Salad or Vegetables
Vegetables	Peas Sweetcorn	Carrots Green beans	Savoy Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Ice Cream and Peaches or Fruit	Flapjack or Fruit	Cookie with Apple Slices or Fruit	Marble Sponge with Custard or Fruit	Vanilla Shortbread or Fruit